

PEWSEY VALE HEALTH & WELLBEING FORUM

Minutes of the meeting on July 24th 2018 2-30 pm at Pewsey Parish Office

With thanks to Pewsey Parish Council for the donation of the meeting room

MINUTES

Attending: Dawn Wilson (PCAP), Ros Giffiths (Wilts Council CEM), Cllr Stuart Wheeler (Pewsey Area Board), Judy Haines (Grt Bedwyn Footpaths), Fanny Middleton (Alzheimer's Support), Sylvie Claydon (Occupational Therapist supporting Dementia), Marilyn Hunt (Pewsey Parish Council), Susie Brew (PCAP), Nell Light (Home Instead and previously POPP), Hilary Hollingsworth (Churches) Jean Rickard (U3A) and Sanjana Matthews-Mair (Health Trainer), Jen Wickens (CIL)

Apologies: Mary Soellner (Grt Bedwyn Surgery), Susan Hiscocks (Kennet Gateway Club), Jennifer Totney (Pewsey Churches), Pauline Dark, Katie Sharp, WWT and Elizabeth Clark of Public Health.

1. **Welcome and introductions**-see above. Cllr Wheeler welcomed everyone.
2. **Previous minutes**- *Resolved* that these be accepted with one correction to a name.
3. **Update on actions /matters arising** – Most actions completed or ongoing. Specific discussion took place around
 - i. JSA priorities – It was *resolved* to choose one area to focus rather than a scattergun approach, given the limited people based resources. Transport is always the top JSA Priority to defeat isolation and mental health issues that relate to it. **ACTIONS** to put together an article around local transport for parish newsletter for those not online. [PCAP] Promote Lift Sharing/Car Share used by U3A when travelling any distance. Promote the PHAB Bus once its needs and capacity are known. [PCAP]. Other areas might be chaperoned services like the link service and dealing with memory issues and reminders, however data protection (consent) and DBS must be considered. Investigate Your Care Your Support to see what is listed. [PCAP]. **ACTION** ROS was asked to bring information about single occupancy housing that relates to loneliness and isolation to next meeting.
 - ii. Asset Mapping – 2 replies from the parishes so far. Dawn has the original asset map from an action at the very first JSA Planning event. **ACTION** PCAP to attempt to update it. This list to be developed into a map and brochure to include a local transport section. This will help identify where the gaps are. **ACTION** – Target for a pilot brochure for late 2018/early 2019. A second delivered in the home service for the elderly was also mentioned, e.g. home visiting hairdresser's and chiropodists. Does Age Concern already do this?
 - iii. The Vale Community Campus – activities for older people. The group heard an update from Ros which was positive. Sanjana described her health trainer service which she offers as well as being a personal trainer and fitness instructor. Persuading the GPs to use prescription for activities was also discussed and might be promoted using the brochure as above. Ros suggested that the Area Board could have a H&WB open session at the Campus late 2018 early 2019.
4. **Introduction to the Wiltshire CIL engagement role (Jen Wickens)**- Jen explained about the independent living and that it was a co production where all the parties work together. The aim is to set

up groups of service users who are living with long term health issues and Jen has been tasked with finding those who wish to participate. This is to promote communications both top down and bottom up and to give feedback. This will operate alongside Healthwatch who monitor health services and aims to give a voice to the service user.

5. **Grant applications and budget update –**

- i. **Pewsey Vale Tourism Partnership** has applied for a grant to develop and print 20 walking leaflets across the Vale of Pewsey. This need was identified by local businesses and visitors to the area. They will be categorised by difficulty, obstacles and the terrain and will include low impact, short circular walks for those less mobile and families with young children. They will be printed and on a website so they are accessible via tech in larger print. The North Wessex Downs AONB had committed to pay half and the Grant application presented is for the other 50% a request for £1650. Those attending voted in support. Cllr Wheeler will recommend approval at the next Area Board in September.
- ii. **Remaining Budget** – With this and the grant to Rushall we have £4,600 remaining plus the £1,000 for the Champion role which remains unfilled.

6. **Update on funded projects-** Ros gave an update on the first Café in Rushall which was a great success. Dawn gave an update and expressed the thanks from the Gateway Club in Woodborough who had received a substantial grant in March towards transport for their members. The annual trip to the seaside was also a great success.

7. **Marketing (Forum/Grants/Older Peoples Champion)** – see 3 above. Dawn reminded the forum that PCAP is very stretched and has limited resources in respect of time and people. Any offers of help in completing the actions identified would be appreciated. Cllr Wheeler proposed that PCAP be nominated as the Older People's Champion if no-one else came forward by the end of the year since they are doing significant amounts of work for the Group.

The Chair thanked everyone for attending and closed the meeting at 4-00.

ACTION all members with a current DBS please supply certificate numbers and issue dates to Susie by email please.

Future dates will be published on the website - www.pewseycap.org.uk/events

Thank you to all who attended and gave up their time.

Contact: Susie Brew - PCAP Coordinator pcap@hotmail.co.uk or
Dawnwilson917@yahoo.com

Signed _____ Date _____
Cllr Stuart Wheeler (Chair)

Privacy: All members present at the meeting agreed that contact information may be shared within the group. Those not attending can ask to be removed as a contact via the email for PCAP above. We also rely on members to inform us if their contact information changes. Membership and consent for sharing within this group will be renewed in April 2019. **ACTION Susie Brew/PCAP**